

Company Area Basic Fieldcraft Course Instructional Specification
Company Phase One Training Weekend

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
1	Bivvi Construction: To Be able to construct a variety of shelters in different terrains				Assessed and corrected on weekend
1.1	Wooded Areas:	To select a suitable area and construct a shelter using issue ponchos bungees/string/pegs with an emphasis on H&S with bungees.	One 40 Minute period	Infantry Training Pam 2 1-163	
1.2	Open Areas:	To be able to construct a shelter using Bivvi poles or walls as lean to shelter.	One 40minute period	Infantry Training Pam 2 1-163	
2	Field Cooking: To teach how to feed yourself in the field				Assessed and corrected on weekend
2.1	Hexamine Cooker:	Selection and clearing of area for the safe and correct use of a Hexi cooker.	One 40 minute period	Infantry Training Pam 2 1-29	
2.2	24Hr Ration Pack:	Introduction to the ration pack different menus and meals available.			
2.3	Practical Cooking:	The correct method of heating food and beverages in a safe manner, intro to tactical cooking and extreme weather cooking.			
3	Admin in the Field: To teach basic health and hygiene in the field		One 40 minute period	Infantry Training Pam 2 1-23	Demonstration and assessment

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
3.1	Personal Cleanliness:	To be able to wash in the field and the importance of good hygiene. The contents required for a wash kit			Assessed and corrected on weekend
3.2	Safe Food:	To be able to prepare food correctly and the importance of hygiene of cooking utensils			
3.3	Safe Water:	To be able to draw water from other sources the correct method of purification and the importance of water intake in different weather conditions			
4	90 Pattern Webbing: Teach the make up and correct fitting of the webbing, the correct method of packing				Assessed and corrected on weekend
4.1	Webbing Construction:	To be able to identify and name the parts of the 90 pattern webbing and its different uses. To be able to put the webbing together and correctly fit it for personal use.	One 40 minute period	Infantry Training Pam 2 1-1	
4.2	Webbing Packing:	To be able to correctly pack the webbing for different uses, taking into account the placement of heavy loads and correct lifting and handling techniques	One 40 minute period	Infantry Training Pam 2 1-1	
5	Admin in the Field Maintaining clothes and equipment:	To be able to waterproof kit correctly. The washing and servicing of clothing and the correct maintenance of equipment			
6	Why Things Are Seen: Teach visual awareness, and location selection	To be able to identify and apply the basic principles of why things are seen. Shape, Shadow, Silhouette, Spacing, Texture and movement	One 40 minute outdoor period	Infantry Training Pam 2 1-38 ACF Manual 4-129	

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
7	Personal Camouflage and Concealment: Teach and practice cam & Concealment			ACF Manual Sect 2 6-3	
7.1	Camouflage Cream:	Correct application of Cam cream, the different makes available and the importance of removal.	One 40 minute period indoor/outdoor	Infantry Training Pam 2 1-43	
7.2	Kit and Equipment: Camouflage	Correct application of cam to kit using vegetation from the area, the reapplication when areas change, the importance of noise elimination.	One 40 minute outdoor period	Infantry Training Pam 2 1-43	
7.3	Selection of Cover:	Demonstrate a knowledge in the correct use of cover and dead ground to aid camouflage techniques			
8	Judging Distance: Teach the different methods and aids to judging distance			ACF Manual 4 – 132	
8.1	Unit of Measure Method:	To be able to effectively judge distances using the unit of measure method	One 40 minute outdoor period	Infantry Training Pam 2 1-53	
8.2	Appearance Method:	To be able to effectively judge distances using appearance method	One 40 minute outdoor period	Infantry Training Pam 2 1-57	
8.3	Aids to Judging Distance:	To be able to use the different aids to judging distance. Key ranges, bracketing, halving, unit average and optical aids	One 40 minute outdoor period	Infantry Training Pam 2 1-61	

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
9	Observation: How to systematically observe an area of ground. Including night vision		One 40 minute outdoor period	Infantry Training Pam 2	
9.1	Scanning:	The correct method for scanning an area of ground			
9.2	Searching:	The correct method of searching an area of ground			
9.3	Night Vision:	To teach the difference between night and day vision.			
10	Movement with and without Weapon: How to maintain concealment when moving.	To be able to carry out correctly the Monkey run, Leopard crawl, Kitten Crawl and the Roll. With and without weapons.	One 40 minute outdoor period	Infantry Training Pam 2 1-87	
10.1	Individual Fire & Movement: Section and Fire Team Movement	To be able to move correctly in a controlled manner when under fire, Incorporating Movement in pairs and taking cover after effective enemy fire.	One 40 minute outdoor period	Infantry Training Pam 2 1-97 ACF Man Sec 2 36-131	
10.2	Individual F&M:	To be able to move whilst under fire and provide adequate cover to your oppo. The principle of effective enemy fire incorporating 'dash, down' crawl, sights, observe'			
10.3	Operating as a Fire Team:	To be able to operate within a fire team and section. The principles of moving in pairs, ammunition conservation and maintaining good communications.			

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
11	Section Formations:	To understand the various types of section formation, when used, pros and cons of each.	One 40 minute outdoor period	Cadet training manual, basic battle skills.	
12	Hand Signals:	To understand reasons for & the necessity of using hand signals. Become proficient in their use.	One 40 minute indoor/outdoor period	Cadet training manual, basic battle skills.	
13	Harbour Areas: Teach the basics of a harbour area and its occupation	To be able to select a suitable site for a Troop harbour, the considerations for comms & camouflage. Basic track plans and work details. Locations of HQ, Sections and LSW. Sitting of shell scrapes and stand to positions.	Two 40 minute outdoor periods	ACF Manual Sect 21	
14	Range Cards:	To be able to make and use a range card including ranges and prominent features	One 40 minute indoor/outdoor period	Infantry Training Pam 2 1-115	
15	Duties of a Sentry: To Teach the duties of a sentry by day and night			ACF Manual Sect 13	
15.1	Duties of a Sentry:	To have a clear understanding of the roles of a sentry, everything a sentry needs to know, correct method of challenging and correct use of passwords	One 40 minute indoor/outdoor period	Infantry Training Pam 2 1-123	
16	Night Noises:	To be able to identify different sounds at night and how to avoid creating unnecessary noise.			

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
17	Movement at Night: Teach how to move at night and actions on lights.	To be able to move at night with minimal noise using correct movements and the reactions to unexpected light and noise. Recognition of night noises.	One 40 minute outdoor period	Infantry Training Pam 2 1-139 ACF Manual Sect 8 6-23	
18	Field Inspection: Teach how to layout kit properly for field inspection	To be able to lay out kit properly ensuring it is clean and serviceable. The ability to be able to conduct a field inspection with an efficient critique.			
19	Target Indication:	Teach how to recognize and indicate targets Using one of the approved techniques.	One 40 minute indoor period	Infantry Training Pam 2 1-71 ACF Manual 4-145	
19.1	Direct Method:	To apply Correctly the Direct method	One 40 Minute Outdoor period	Infantry Training Pam 2 1-71	
19.2	Clock Ray:	To apply Correctly the Clock Ray Method			
19.3	Teach other Methods:	Introduction to using Tracer, Reference points, Hand angles, Graticules			
20	Fire Control Orders: Teach the terms involved in fire control orders	To be able to give a clear & accurate fire control order, following the sequence of GRIT & CLAP. To understand the different types of FCO and their applications.	One 40 minute outdoor period	Infantry Training Pam 2 1-83 ACF Manual 4-151	
21	Elementary Obstacle Crossing: To teach how to cross obstacles as an individual or section	To be able to cross a variety of obstacles taking into account tactical and safety considerations.	One 40 minute outdoor period	Infantry Training Pam 2	

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
22	Selecting a Route Across Country: Teach how to select a route across country	To be able to break a route down into tactical bounds. Correct use of different terrain, dead ground high ground and low ground. Maintaining direction using land marks.	One 40 minute outdoor period	Infantry Training Pam 2 1-107	
23	Stalking: Teach how to stalk	Consolidation and practical application of selecting a tactical route using cover, camouflage and the terrain.		Infantry Training Pam 2 1-111	

NOTES

1. All sections in RED can be taught at Detachment level using only the information provided. These Elements will be assessed at Company Level for Quality and depth of Knowledge.
2. All the above subjects are to be taught at Company level.
3. If a candidate does not reach the required standard they are to conduct another weekend (Phase One Weekend)

Publications used:

1. Army Cadet Training Manual Vol 1 June 2001
2. Infantry Training Vol 1 Skill at Arms Field craft, Battle Lessons and Exercises 2001
3. JSP 535 Cadet Training Safety Precautions 2006

**Company Area Basic Fieldcraft Course Instructional Specification
Company Continuation Training**

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
1	Patrols: To teach personnel about the purpose of patrolling and the types of patrols.			ACF Manual 6-91	Assessed on Phase Two Weekend
1.1	Aims and Types of Patrols:	To teach the Aims and types of Patrolling	One 40 Minute period		
1.2	Patrols: Mounting, Conducting and Debriefing	To teach Personnel the action to be taken by all those concerned with a patrol operation from the time it is first ordered until the completion of the task	One 40 Minute period		
1.3	Patrolling – Practice:	To practise Personnel in patrolling in Single File, File and Diamond Formations, using Field Signals	One 40 Minute period		
2	Ambushes: Introduction into Ambushes, Types of Ambush, Ambush Sites and Principles of Ambushing		One 30 Minute period	ACF Manual 6-103	Assessed on Phase Two Weekend
2.1	The Deliberate Ambush:	To teach and practise Personnel in the preparation for, and conduct of the Deliberate Ambush.			
3	Patrol Harbour:	To teach the occupation of a patrol harbour at section and troop level	One 40 Minute period	ACF Manual 6-113	Assessed on Phase Two Weekend

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
4	NATO Sequence of Orders:	To teach personnel the orders process and extraction of orders.	Eight 30 Minute periods (two theory and six practical)	ACF Manual 6-81 6A-1 to 6D-1	Assessed on Phase Two Weekend
5	Fire and Movement:	To explain Fire and Movement	One 40 Minute period	ACF Manual 6-121	Assessed on Phase Two Weekend
5.1	Fire and Movement:	To practise personnel in fire and movement as a section	Two 40 Minute period		
6	Section Battle Drills:	To teach personnel the six Battle Drills	Ten 40 Minute periods (total time of six drills)	ACF Manual 6-129	Assessed on Phase Two Weekend
7	Model Making:	To teach personnel in model making			Assessed on Phase Two Weekend
8	Operations in Woods and Forests:	To teach operations in Woods and Forests	Two theory periods & six practical periods	ACF Manual 6-141	Assessed on Phase Two Weekend
9	Observation Posts				Assessed on Phase Two Weekend

NOTES

1. All the above subjects are to be taught at Company level. Either conducted over a weekend or over some training days.
2. The above subjects need to be conducted before the candidate attends Phase Two Training assessment.
3. If a candidate does not reach the required standard they are to conduct another weekend.

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1. Army Cadet Training Manual Vol 1 June 2001
2. Infantry Training Vol 1 Skill at Arms Field craft, Battle Lessons and Exercises 2001
3. JSP 535 Cadet Training Safety Precautions 2006

**Company Area Basic Fieldcraft Course Instructional Specification
Company Phase Two Assessment Weekend**

Ref	Title: Aim:	Objectives	Method	Resources	Assessment
1	To assess all candidate who have successfully completed the Company Phase One and all the Company Continuations Training modules.	All candidates will be assessed under exercise conditions			

NOTES

1. All candidates must successfully complete the Company Phase One and all Company Continuations Training before attending the Company Phase Two Training Assessment weekend.
2. Once the candidate as successfully completed the Company Phase Two Training Assessment weekend, the candidate will be qualified to teach all the subjects in Phase One & Continuation Training modules.
3. If a candidate does not reach the required standard they are to conduct another weekend.
4. All candidates will be assessed under exercise conditions on all Phases of the above training weekends.

Publications used:

1. Army Cadet Training Manual Vol 1 June 2001
2. Infantry Training Vol 1 Skill at Arms Field craft, Battle Lessons and Exercises 2001
3. JSP 535 Cadet Training Safety Precautions 2006