



**THE SEA CADET CORPS
MARINE CADET SECTION
HQ COMPANY**



ATTENTION



MARINE CADET ARDUOUS COURSE

One Week at the Commando Training Centre Royal Marines

THIS COURSE HAS BEEN DEVELOPED TO CHALLENGE YOU

IT WILL CONSIST OF:

3 Mile Run and RMFT, Recce/OP's/Patrolling, Harbour Drills and Routines
Troop Weapons Acquaint, Endurance Course, Fitness Competition
Bottom Field Assault Course, PLT's and Tyrol Traverse
Map Reading and Fieldcraft

The following activities count towards your BTEC in Public Services:
RM Fitness Test, Fieldcraft & Map Reading

This course will give you a valuable insight into Today's
ROYAL MARINES

A certificate of attendance will be awarded
(Course can be counted as work experience)

Only Open to 16-17.10 years old

RANK: MC1/LCpl
Cadet Cpl
Cadet Sergeant

**ALSO OPEN TO BLUE JACKETS OF EQUIVALENT RANK WHO HAVE AN
INTEREST IN JOINING THE ROYAL MARINES**

Maximum number of cadets 20, Maximum number of Staff 2.

Dates: Sunday 20th to Friday 25th September 2009

All Cadets are to apply on Westminster and course fees (£60.00) are to be sent to the courses officer at Fort Blockhouse.